

Baby Care Basics for Adoptive Parents

Baby Care Basics for Adoptive Parents is a three-hour course designed to prepare adoptive parents for the arrival of their newborn.

The class focuses on preparing for parenthood, as well as daily care of a newborn from birth to three months.

Using lecture, discussion, videos and hands-on practice with newborn dolls, the following topics will be covered:

Preparing for Parenthood
Newborn Characteristics
Safety
Signs of Illness
Holding
Feeding

Burping
Diapering
Bathing
Sleeping
Crying
Swaddling...and more

"Baby Care Basics for Adoptive Parents" places special emphasis on the unique experience of adoptive parents. Information is kept relevant to the adoption experience, and topics such as attachment and parenting the adopted child are covered.

Upon completion of the class, students will be given a letter of participation suitable for home study requirements.

For more information, or to register for upcoming classes, please email the instructor, Julie Janson, at JWJJMT@aol.com

